







# **MOBILITY INFO-PACK**

# For Participants and Partner Organizations

2016 - 3 - RO01 -KA105 - 035316







#### Dear friends,

The Job Me2 – Youth Exchange team is happy to welcome you to a great mobility and a learning experience that you will not forget.

To help you enjoy your experience and achieve the main objectives of this project we have designed this info-pack as a reliable and useful tool to prepare your participation.

That is why we will ask you to read carefully all the information handed below and to

## The main objectives of this project

- 1. To stimulate and promote the necessary skills for the participants that are searching for employment
- 2. To promote entrepreneurial spirit among the participants as a way of personal and proffesional improvement
  - 3. To explore the intercultural dimension of this YE
  - 4. To develop the ability to communicate and work in a foreign language

### Coordinator

### Asociatia Youth on the Move - Romania

Youth on The Move is a Romanian non-profit association of young people, created in 2014 by a group of enthusiastic youngsters from the city of Ramnicu Valcea. Even if we are young we have plenty of experience in working in the NGO environment and specially tackling mobility projects developed in the Youth in Action mainframe. We are eager to work within the Erasmus Plus program, and we are constantly searching for partners abroad. The basis of our organization is a constant cooperation with all the actors of society in the benefit of young people with few opportunities. The organization is constantly offering opportunities to improve youngster's personal and professional path. We are collaborating with local authorities in the field of youth and also with local and national companies that are willing to hire young persons trough our professional formation program. YOTM is offering a various professional development programs as language courses and career orientation counseling for young people facing difficult economical, social and personal obstacles.







## Partner organizations

### ECIM - Poland

The European Center for Youth Initiatives is an entity created by group of young people, students and absolvents of International Relations and Journalism, actively working in the Youth sector. Main actions of people involved in the ECIM are focused on the development of young people by promoting openness and activity and use of existing, including those thanks to the European Union, opportunities and possibilities.

### SYTEV – Slovakia

Organization is focus on recovery of society through charity and learning — education activity by introducing christian and moral values. Aim of organization is support and development of activities on the local, national and international level in area of non-formal education, using free time, cultural-social and volunteering practise for community of youth people.

Target group are teenagers and youth people from 13 - 30 years old.

Organization consists from 4 main people (managers), 15 youth workers and more than 200 members/volunteers.

Organization is covering informal groups of youth people and is cooperating with schools.

# **INFAP** – Italy

Istituto Nazionale per la Formazione e Addestramento Professionale, is an Italian non-profit Association and a qualified Training Institute based in Rome. INFAP core activity focuses on giving a massive contribution to the Cultural, Social and Professional Training, empowering Italian and foreign citizens skills. Social Inclusion and Active Citizenship are some of the main INFAP's achievements and aims. INFAP is also actively involved in orienteering young workers in the Labor Market arduous path







# Youth Exchange Participants

10 **Participants** 8 youngsters + 2 Leaders Poland

10 **Participants** 8 youngsters + 2 Leaders

10 **Participants** 8 youngsters + 2 Leaders

Slovakya BME



Italy



10

**Participants** 

8 youngsters +

2 Leaders

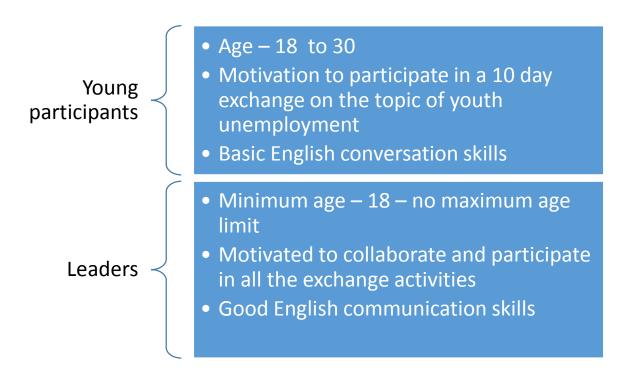








### Selection criteria:



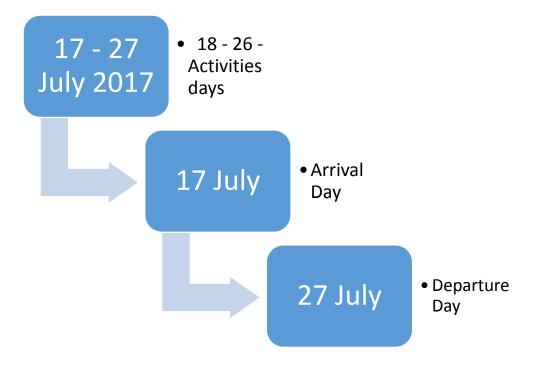
The selection process must be as equitable as possible and must give fair chances including to youngsters with fewer opportunities. We encourage our partner organization to make sure the group is gender balanced.







## Dates of the Exchange



All the groups must arrive on the 17th of July, no later than 19.00 for registration and dinner. The departure will be on 27th July, after breakfast. Depending on the departure airport of the participants we can rent a bus for the transfer from the mobility venue to the Airport.







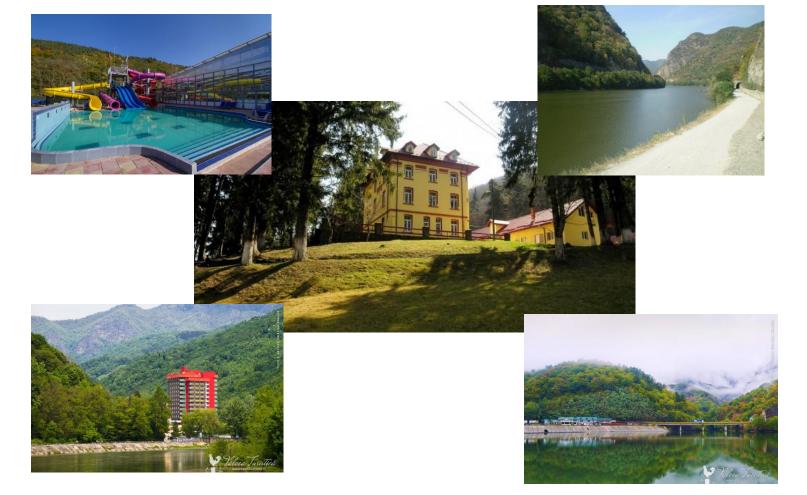
## Venue of the Youth Exchange

The Exchange will be held in Calimanesti-Caciulata, (Valcea Country), a small mountain city, 3 hours from Bucharest and 20 min from Ramnicu Valcea (the city of the coordinating organization)

The participants will be accommodated in the **Cozia Youth Center**, a hostel facility situated in a very picturesque area, with many attractions and places to visit in the free time. Each room will accommodate 3 – 4 participants, with private bathrooms, gender divided. There will be wifi but be advise that, because of the large number of participants the signal might lose power in some moments.

The meals will be served in the same facility.

Here is a link to the Cozia Youth Center page <a href="http://www.djstvalcea.ro/compartimente/tineret/centre-de-agrement/item/114-centrul-de-tineret-cozia">http://www.djstvalcea.ro/compartimente/tineret/centre-de-agrement/item/114-centrul-de-tineret-cozia</a>









## How to get here – Joining information

#### Bucharest - Calimanesti - by bus

#### The best landing solution is Otopeni Airport from Bucharest.

From the Airport you can take a Bus to the center of Bucharest – BUS 783. More details here <a href="http://www.ratb.ro/v">http://www.ratb.ro/v</a> bus expres.php?tlin1=783

It departs from the Airport Arrivals Terminal every 20 minutes. Make sure to buy a ticket from the ticket stand on the right side of the exit.

You need to stop at the last station – Piata Unirii (Unirii Square). Here you can descent to the subway (Metrou in Romanian). It's easy to spot because it has a big blue M Sign. Here is a map of the Bucharest Metro <a href="http://www.metrorex.ro/Resurse/Harta/harta2016">http://www.metrorex.ro/Resurse/Harta/harta2016</a> apr.pdf

In the subway station you will need to take the M3 – Red Line Metro – Direction Preciziei. Your station of descent is Pacii (6 stops). Do not be afraid to ask people for directions. The young ones speak English and most of them are happy to help foreigners.

At Pacii station is your stop. Go to the ground level trough your left exit. Cross the street to the Autogara Militari. Here you have some bus companies that have direct connection with Calimanesti, your destination.

Here is a program of busses that are going directly to Calimanesti from Bucharest. The travel takes 3-3 and  $\frac{1}{2}$  hours.

http://www.autogari.ro/curse?pid=643&did=613&zi=2017-04-18&pas=1-0-0-0-0

The itinerary of this busses is the following: Bucharest – Pitesti – Ramnicu Valcea – **Calimanesti** – Sibiu

In Calimanesti the bus will stop in front of a very big red Hotel called Cozia. explain the driver that your stop is at COZIA HOTEL because the bus has two other stops in Calimanesti. The Youth Center is 2 minutes from that place.

Feel free to check the schedule on www.autogari.ro



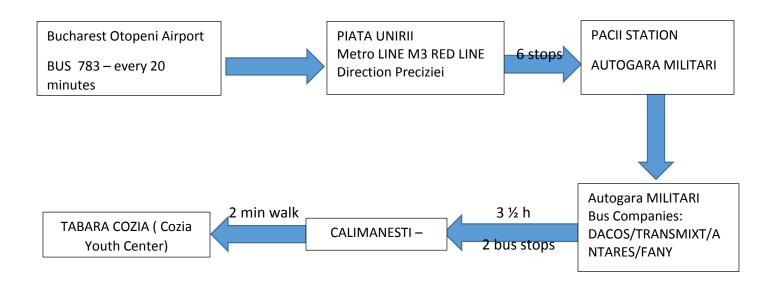




If your timetable does not meet the schedule of the busses for Calimanesti you can also arrive in Ramnicu Valcea. It's 20 km away from Calimanesti and we will pick you up if necessary. Here is the schedule for Bucharest – Ramnicu Valcea.

http://www.autogari.ro/curse?pid=643&did=581&zi=2017-04-18&pas=1-0-0-0-0

#### An easy Graphic to help you on your way to Calimanesti



### A small En-Ro Dictionary, just to help you in your travel

ENGLISH	ROMANIAN	
Where is the metro station?	Unde este statzia de metrou?	
Where is the Bus station?	Unde este autogara?	
How much is the bus ticket?	Cat costa biletul de autobus?	
Hello! Have a nice day!	Buna! Buna Ziua!	
Thank-you!	Multzumesc!	
Good Bye!	La Revedere!	







# The map to get to the Youth Center









## Transport cost

The project will cover for the transport costs of the participants up to the following sums:

Italy	Poland	Slovakya	Romania
<ul><li>170     Eur/Participant</li><li>1700     Eur/Group</li></ul>	<ul><li>170 Eur/ Participant</li><li>1700 Eur/Group</li></ul>	<ul><li>170     Eur/Participant</li><li>1700     Eur/Group</li></ul>	<ul><li>20 Eur/ Participant</li><li>200 Eur/Group</li></ul>

## Reimbursement procedure

For the reimbursement the participants will keep all the tickets, boarding passes and other travel documents and will submit them to the sending organization after the exchange. The sending organization will centralize the travel documents and send them, by registered mail to the coordinating organization with a reimbursement request that will be provided. The coordinating organization will make all the payments via bank transfer in the accounts of the sending organization. The sending organization will reimburse the participants directly







## Pre-departure tasks

Once the team of participants will be selected we would like to ask you to prepare your arrival here by performing some specific task.

- 1. The aim of the project is to involve the participants in all its stages. We would like to ask each team of participants to prepare a presentation regarding the NEET's youngsters in each country. You can use all kind of documentary materials and resources. This presentation will be used during the activities and will be a good start for debates.
- 2. We want that the activities to be as much fun and meaningful as possible, that is why we will give the possibility to each team to prepare activities for one day. To make things easy the project team has decided to allocate a topic for each of the national team.

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Italy – Career Planning Activities

Poland – Volunteering – pathway to employability

Slovakia – Entrepreneurship, a job for Youth

Romania - Alternatives for Youth
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The activities will be conducted in a non-formal way and will not last more than 1,5 h per session. We would like that each team to prepare activities for at leas 2-3 session. The host will provide all the necessary materials.

3. Intercultural evenings – Each team will have the opportunity to prepare and conduct intercultural evenings during the mobility. Feel free to bring posters, promotional materials, specific foods and drinks, music and musical instruments and a lot of energy.

The final program will be provided before the mobility.

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And please add yourself to the JOB ME 2 Group on fb. https://www.facebook.com/groups/812664262230076/