



PARTICIPANTS INFO-PACK

2016 – 3 –R001 – KA105 – 035398

v.1

Dear Participants,

On the behalf of Youth on the Move Association – Romania and the Career Booster consortium of organizations we would like to welcome you to this Youth Workers Mobility – Training Course that will be held in Romania, Calimanesti between **18 – 27 April 2017**.

18 April – Arrival Day – dinner included

27 April – Departure Day – breakfast included

Career Booster will be a complex and complete mobility for youth workers from 8 countries (11 NGOs) from all over Europe that will gather personal and professional experiences, stimulate innovation and set the basis for a European network of professionals in support of youngsters.

The project will involve 21 youth workers from Spain, France, Italy, Lithuania, Slovenia, Slovakia, Bulgaria and Romania and its main goal is to improve competences and to impact the communities through the workshops that will be held after the mobility.

MAIN OBJECTIVES OF THE MOBILITY

To improve and stimulate abilities on youth unemployment issues for 21 youth workers

To promote a real exchange of experience and good practices among youth workers and organizations

To develop a network of youth workers and organizations that are active in the field of youth work

To develop new methods and work instruments for youngster in NEET situations

TRANSPORT BUDGET

According to the rules of the Erasmus+ Program, KA1 – Mobility of Youth workers the budget for transport will be as follows

Italy – 275 Euro/participant

France – 275 Euro/participant

Spain – 360 Euro/participant

Lithuania – 275 Euro/participant

Slovakia – 180 Euro/participant

Slovenia – 275 Euro/participant

Bulgaria – 180 Euro/participant

Romania – 0 Euro/participant

ACTIVITIES AND PROGRAM

The program will be structured as follows

- 3 days of training course related with the NEETs
- A conference day with the local and regional stakeholders on NEETs problem
- A Methods Market day, where the participants will demonstrate and present current methods of working with youngsters on the target groups
- 2 Days of Methods Lab, where the participants will develop and improve non-formal and informal methods
- A day for testing and evaluating the developed methods

The final program will be sent to you before the mobility.

The program will also include intercultural evening/evenings and a half day trip to the mountains.

PRE DEPARTURE ACTIVITIES

The project activities will be based on your work and involvement. Before arriving we will ask you to perform some tasks that will help the smooth running of the program.

1. A portfolio/presentation of your methods/method used in your daily work with the young people, with a focus on methods used for NEETs youngsters. This can be a PPT presentation, a video, a demonstration or any other way of explaining a non-formal method. This task will be implemented during the Methods Market session within our program of activities.
2. A short synthesis/ documentation on the NEETs situation in your country/region. Again, this could take the form of a PPT, infographics, video etc. We would like to have an idea on how NEET situations are managed in your country/region, if there is a clear statistic on the number of NEETs and if there are programs dedicated to this type of youngsters. We encourage to add any information that you will think is relevant for this task. For participants that are from the same country but from different organizations (Italy, Bulgaria) we encourage to cooperate on this task. The project managers on each organization will facilitate the contact as soon as possible. This task will contribute to the activities planned for the Conference with local and regional Stakeholders.
3. A presentation of your sending organization. This can be made in any form you would like and will constitute the starting point of one of the activities dedicated to the partner organizations within the program
4. Intercultural event – We would like to promote and support your cultures so please feel free to bring materials, food or drinks from your country. Please bring only food that does not require cooking or heating (the sanitary regulation does not allow us to use the restaurants facilities). Also, the alcohol (if any) should be brought in moderate quantities, for tasting only.

WHAT TO BRING WITH YOU?

- It is advisable that you bring some warm clothes. The venue is situated in a mountain resort and the evenings are cold.
- Personal hygiene products, medicines, etc.

- The hotel has a hot water indoor swimming pool, sauna and a Jacuzzi that the participants can use free of charge within the working hours (8.00 – 20.00), so if you want to take advantage of this please bring swim suite, beach towel, bath robe. The rooms and the swimming pool have their own hair dryer.
- Materials to promote your organizations during the informal moments. We encourage new partnerships on the topic of Erasmus+ Projects so this mobility could be a great way to meet professionals and start new ideas.
- Enthusiasm and open-mind to meet new people, cultures and develop yourselves.

THE VENUE OF THE MOBILITY

The training course will be held in Calimanesti-Caciulata, a small mountain town, 180 km away from Bucharest.

The place where the group is accommodated is called Hotelul Domnitei, a 3-star hotel. More info and pictures you can find on this link: <http://www.hoteluldomnitei.ro/>

The accommodation is available in twin rooms (two beds). All the rooms have wireless internet connection, TV, fridge and hair dryer. Meals will be served in the Hotel's Restaurant and the activities will be carried out in the Hotel's conference room.

You will have access to an indoor swimming pool with hot water, a sauna and a Jacuzzi. The program of access is 8.00 – 20.00. We will make sure that, during the training, you will have some extra time to take advantage of this.

HOW TO GET HERE – JOINING INFORMATION

Option 1 – Bucharest – Calimanesti – by bus

The best landing solution is Otopeni Airport from Bucharest.

From the Airport you can take a Bus to the center of Bucharest – BUS 783. More details here http://www.ratb.ro/v_bus_expres.php?tin1=783

It departs from the Airport Arrivals Terminal every 20 minutes. Make sure to buy a ticket from the ticket stand on the right side of the exit.

You need to stop at the last station – Piata Unirii (Unirii Square). Here you can descent to the subway (Metrou in Romanian). It's easy to spot because it has a big blue M Sign. Here is a map of the Bucharest Metro http://www.metrorex.ro/Resurse/Harta/harta2016_apr.pdf

In the subway station you will need to take the M3 – Red Line Metro – Direction Preciziei. Your station of descent is Pacii (6 stops). Do not be afraid to ask people for directions. The young ones speak English and most of them are happy to help foreigners.

At Pacii station is your stop. Go to the ground level through your left exit. Cross the street to the Autogara Militari. Here you have some bus companies that have direct connection with Calimanesti, your destination.

Here is a program of busses that are going directly to Calimanesti from Bucharest. The travel takes 3 – 3 and ½ hours.

<http://www.autogari.ro/curse?pid=643&did=613&zi=2017-04-18&pas=1-0-0-0-0>

The itinerary of this busses is the following: Bucharest – Pitesti – Ramnicu Valcea – **Calimanesti** – Sibiu

In Calimanesti the bus will stop in front of a very big red Hotel called Cozia. You will have to walk about 10 minutes on the main road in the opposite direction. The Hotel will be on your right side.

Feel free to check the schedule on www.autogari.ro

If your timetable does not meet the schedule of the busses for Calimanesti you can also arrive in Ramnicu Valcea. It's 20 km away from Calimanesti and we will pick you up if necessary. Here is the schedule for Bucharest – Ramnicu Valcea.

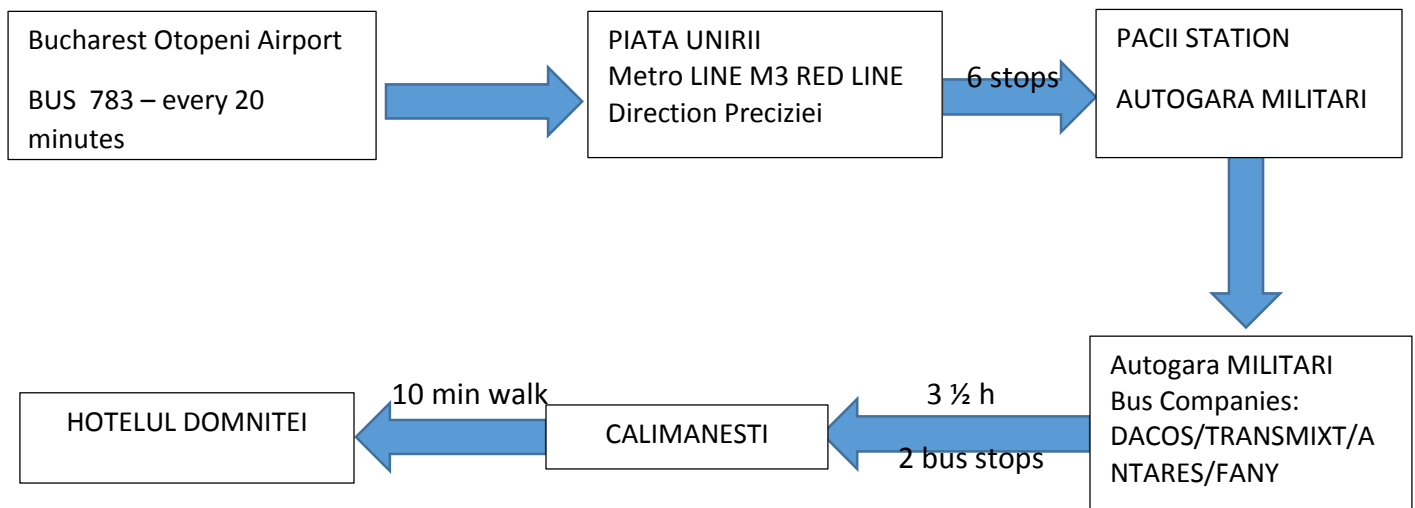
<http://www.autogari.ro/curse?pid=643&did=581&zi=2017-04-18&pas=1-0-0-0-0>

Option 2 – Sibiu – Calimanesti

There is the option of landing in Sibiu, if you can find a suitable flight. From the Airport you can take bus 11 that will get you to the main Bus Station. There you have the options in the following link

<http://www.autogari.ro/curse?pid=643&did=581&zi=2017-04-18&pas=1-0-0-0-Onk>.

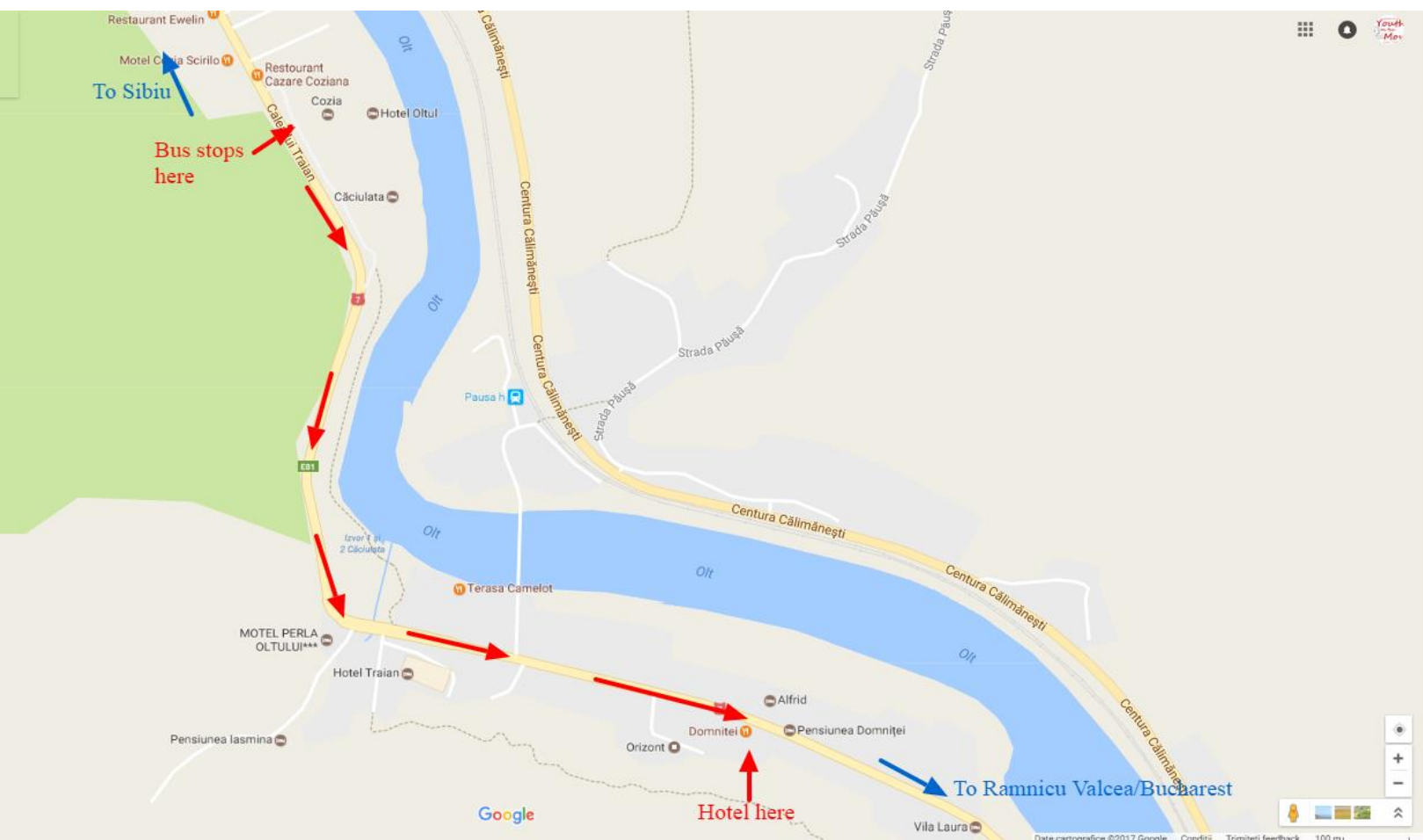
An easy Graphic to help you on your way to Calimanesti



A small En-Ro Dictionary, just to help you in your travel

ENGLISH	ROMANIAN
Where is the metro station?	Unde este statzia de metrou?
Where is the Bus station?	Unde este autogara?
How much is the bus ticket?	Cat costa biletul de autobus?
Hello! Have a nice day!	Buna! Buna Ziua!
Thank-you!	Multzumesc!
Good Bye!	La Revedere!

The Map to the Hotel in Calimanesti



The Front Side of the Hotel – On the front side is written Pensiunea Domnitei



If you are traveling by car the direction of the hotel is:

Hotelul Domnitei / Pensiunea Domnitei
Str. Calea Lui Traian, nr.475
Calimanesti – Caciulata, Valcea, Romania
Tel: 0350 419 632

GPS: N45.2587,E24.3278

Please let us know your travel plans when you have them ready, using our communication officer's email listed at the end of this infopack!

REIMBURSEMENT PROCEDURE

All your travel costs will be covered by the project's budget within the limits described in the first part of this info-pack. The reimbursement will be made after the mobility and only on the basis of your travel documents. That is why it is very important for you to keep all your documents: boarding pass, bus ticket and so on. You will need to provide this documents to your sending organizations. They will receive, by bank transfer the costs of your travel and, in turn, will reimburse you. As coordinators we are not allowed by the Romanian NA to make any cash payments to the participants. Please make sure you have some cash with you for the transport from/to Bucharest and if you want to make any purchases here. For the transport from/to Bucharest we estimate you will need around 100 lei (22 Euro).

CURRENCY

Romanian currency is LEU (plural LEI) and the exchange rate with Euro is 4.5 LEI/1 Euro.

CONTACT:

Please feel free to contact us for any question:

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Looking forward to meeting you!