



Erasmus+



INFO PACK FOR ORGANIZATIONS AND PARTICIPANTS

WORK4MORE

Erasmus + Youth Exchange in Romania

10 - 19 SEPTEMBER 2019

ABOUT THE PROJECT

Work4More is a youth exchange involving 30 participants from three EU countries on employability and entrepreneurship.

The objectives of the project are as follows:

1. Stimulate and promote the skills needed for the 30 job seekers.
2. Promoting entrepreneurship among exchange participants as a way of personal and professional improvement
3. Exploring the intercultural dimension of this youth exchange by joining the exponents of many cultures, languages and customs.
4. Developing communication skills in a foreign language as a means of personal and professional development, the working language of the project being English.

Mobility will take place in September 2019 in Ramnicu Valcea, Romania. The results of the project will result in improving the skills of the participants in the search for a job, entrepreneurship and personal development. At the same time, the project will generate a brochure on mobility methods and an exchange video to be disseminated to the local community.

Dates of mobility : 10 - 19

SEPTEMBER 2019

- 10 September Arrival day
- 19 September Departure day

Total number of participants 30

Participants per country : 8 youngsters + 2 group leaders

**Age limits 17 - 30 for participants
over 18 for group leaders**

Selection criterias

For participants - age 17 - 30

The capacity to communicate in English

Motivation to participate and to share the results with other youngsters

For leaders: over 18, no maximum limit

Good english skills

Responsible person that understands the importance of leading a group and working in international context

Venue of the Activities

The mobility will be held in Ramnicu Valcea, a city south-central Romania, 150 km west of Bucharest. Its the capital city of Valcea County and can be easily reached by bus from Bucharest.



The city has a temperate climate, is very green and it host a series of interesting places to visit: museums, city parks, theaters, cinemas, zoo, modern public swimming pool , shopping malls.

HOW TO GET HERE

The best landing solution is Otopeni Airport from Bucharest. From the Airport you can take a Bus to the center of Bucharest – BUS 783. More details here http://www.ratb.ro/v_bus_expres.php?tlin1=783 It departs from the Airport Arrivals Terminal every 20 minutes.

Make sure to buy a ticket from the ticket stand on the right side of the exit. You need to stop at the last station – Piata Unirii (Unirii Square). Here you can descent to the subway (Metrou in Romanian). It's easy to spot because it has a big blue M Sign.

Here is a map of the Bucharest Metro

http://www.metrorex.ro/Resurse/Harta/harta2016_apr.pdf

In the subway station you will need to take the M3 – Red Line Metro – Direction Preciziei. Your station of descent is Pacii (6 stops). Do not be afraid to ask people for directions. The young ones speak English and most of them are happy to help foreigners. At Pacii station is your stop. Go to the ground level trough your left exit. Cross the street to the Autogara Militari. Here you have some bus companies that have direct connection with Ramnicu Valcea, your destination. Here is a program of busses that are going directly to Ramnicu Valcea from Bucharest. The travel takes 3 hours. Link to the schedule here: <https://www.autogari.ro/curse?pid=643&did=581&zi=2019-08-13&pas=1-0-0-0-0>

The total cost of this transfer should not be more de 50 lei (11- 12 euros), Keep all your tickets for reimbursment.

ACCOMODATION

The group will be accomodated in HOSTEL VALCEA, a local youth hostel situated on a 10 minutes walk to the city center.

The accomodation will be made in 3-4 bed rooms separated by genders with common bathroms separated by gender.

It is a new hostel, so everithing is new and well kepped. The main activities will be held inside the hostel meeting room but there will also be activities outside, in the city.

The meals will be served in a restaurant in the same building as the hotel. There will be free wifi service inside the building.



The hotel can be reached by walk from the bus station or using a taxi. We will cover the taxi in a limit of 20 lei. The adress of the Hostel is : Ramnicu Valcea, Strada Stirbei Voda, no 103

TRANSPORT REIMBURSEMENT

The transport of the participants will be reimbursed according to the following budget :

Italy - max 275 eur/participant

Lithuania - max 275 eur/participant

Romania 0 euro/participant *the coordination organization will cover the real cost of romanian travel

Very important: we do not reimburse in cash! All the payments will be made with bank transfer in the sending organization accounts and than transfered to the participants.

PRE-DEPARTURE TASKS

Before arrival the participants will prepare the following activities:

- A presentation about their country for the intercultural events
- A presentation about the situation of youth unemployment in your community/country

REGISTRATION OF PARTICIPANTS AND COMMUNICATION

The registration of participants will be made by the sending organizations from Italy and Lithuania on the registration form provided by the coordinator.

Contact : Sergiu Sanda-Mir 040786934509
yotmromania@gmail.com